



Planken Integrative Wellness Inc.

breathe • nourish • sleep • smile

ORAL APPLIANCE RX & ORDER FORM

Patient Information

Patient Name: _____ Date of Birth: _____

Phone: _____ ☐ M ☐ F Height: _____ Weight: _____

Medical History

- ☐ Excessive Daytime Sleepiness
- ☐ Hypertension
- ☐ CHF/Cardio myopathy
- ☐ GERD

- ☐ Impaired Cognition
- ☐ Ischemic Heart Disease
- ☐ Atrial Fibrillation
- ☐ COPD

- ☐ Mood Disorders
- ☐ History of Stroke
- ☐ Diabetes
- ☐ Other: _____

Check All that Apply

- ☐ Attempted CPAP
- ☐ CPAP Intolerant
- ☐ Insomnia
- ☐ Witnessed Apnea
- ☐ Mask Leaks
- ☐ Inability to get a good mask fit
- ☐ Discomfort caused by mask & headgear
- ☐ Partner's sleep disturbed by noise of device
- ☐ CPAP restricted movement during sleep
- ☐ Claustrophobic Associations
- ☐ Unconscious need to remove the apparatus during sleep
- ☐ Other: _____

Diagnosis

- ☐ Obstructive Sleep Apnea, Adult/Pedo (G47.33)
- ☐ Sleep Related Bruxism G47.63)
- ☐ Sleep Apnea, Unspecified (G47.30)
- ☐ Snoring (R06.83)

Statement of Medical Necessity

☐ The patient has undergone asleep study for sleep-disordered breathing, which confirmed a diagnosis of obstructive sleep apnea. Based on this evaluation, the use of an oral appliance (E0486/K1027) is deemed medically necessary for the treatment of obstructive sleep apnea to improve airway patency and alleviate associated symptoms.

☐ The patient was unable to tolerate CPAP; therefore, oral appliance therapy has been prescribed.

☐ CPAP Trial Duration: _____ days weeks months

Physician Information

Name: _____ NPI: _____ Date: _____

Signature: _____ Phone: _____ Fax: _____

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